



NHYFA 2021 Football FAQ



The Tradition Starts Here!

Welcome to North Hills Youth Football Association.

Football Teams are determined by your child's age as of July 31, 2021. The teams and maximum weight limit are listed below:

Tomahawks (110 lb limit) 6-8 year olds

Braves (130 lb limit) 9-10 year olds

Redskins (150 lb limit) 11-12 year olds

Practices: 6-8pm at Ross Elementary. This schedule is subject to change based on the field availability and weather conditions.

-7/19/21- 7/30/21 5 days/wk M-F (Heat acclimation)

-8/2/21-through remainder of season-3 days/week T, W, TH

All equipment is given to players at equipment hand out which is approximately mid July. Equipment includes; helmet, shoulder pads, practice uniform, knee/thigh pads, belt, mouthpiece and girdle. Football spikes are encouraged at your own expense, (plastic only)

Games- Home games are typically on Saturdays at Ross Elementary. Some away games may be on a Sunday. A typical home game schedule is as follows:

Tomahawks 9am,

Braves Varsity-10:30am

Redskins Varsity-1:30pm

Volunteers –All parents are required to volunteer 3 times per season in the concession stand, or on game day for such things grill duty, stick duty, set up or clean up. Sign ups for volunteer duty will be at equipment handout in July. In addition, we are always in need of trainers. Please see Dana if you are interested.

**Any other questions please email Dana Richter-Super at drsUPER13@gmail.com or you can find us at nhyfa.com or on our Facebook page.